

Date/Time	Leader/Contact	Details	Distance
Sunday 28th June 1:30pm	Bridget P-J	Limpsfield Chart, Surrey Park in Tally Road and meet at the rustic table opposite The Carpenters Arms for a walk prior to the cream tea (which needs to have been pre-booked). A lovely scenic walk down to Tenchleys Manor and back up past Trevereux. As well as views some attractive buildings are passed and the climb up is in the shade. Some lane walking. Be prepared for nettles and brambles, given the time of year. This is a leisurely walk, not a stroll, and involves along, slow climb and a medium pace. O S Map 147 Grid Ref: TQ424517 Postcode: RH8 0TG	3.5mi / 5.6km LEISURELY
Tuesday 30th June 10am	Sue C. 07914 796555	Riddlesdown, Surrey Fast Fitness Workout Walk. Meet at entrance to Riddlesdown in Tithepit Shaw Lane opposite Warlingham Secondary School. W3W: offer.parent.sample. Park in nearby Wentworth Way or Princes Avenue. Walk around Riddlesdown. Will take around 1 hour, fast walking, approx.3.5 mph. O S Map 146 Grid Ref: TQ344595 Postcode: CR6 9AU	3.5mi / 5.6km STRENUOUS
July			
Wednesday 1st July 10am	Vivien M. 07505494706	Crockham Hill, Kent Park in Smiths Lane/Deanery Road. Walking, through fields mainly, past Trevereux, Guildables and Stockenden round to Dairy Lane. Several stiles and hilly in places. Well behaved dogs on a lead at all times please. O S Map 147 Grid Ref: TQ441506 Postcode: TN8 6RQ	5mi / 8km LEISURELY
Thursday 2nd July 10am	Nigel P. 07951701692	Dormansland, Surrey MORNING AMBLE: Meet at Ford Manor Road. Gentle stroll via Woodgate, Dormansland and Mill Wood. O S Map 146 Grid Ref: TQ405754 Postcode: SE3 9AY	3mi / 4.8km EASY
Tuesday 7th July 10am	Angela B. 07568762547	Godstone, Surrey Fast Fitness Workout Walk. Park in North Park Lane (towards the Orpheus Centre) but just off the A25 before where the quarry lorries cross the road. Undulating walk. Will take around 1 hour, fast walking (approx 3.5 mph). O S Map 146 Grid Ref: TQ341516 Postcode: RH9 8FD	3.5mi / 5.6km STRENUOUS
Wednesday 8th July 10am	Helen M. 07940508443	Felbridge, Surrey Meet in the car park down the side of the Wire Mill. Mainly flat circular walk around Felcourt, golf course, woods and fields. O S Map 146 Grid Ref: TQ367418 Postcode: RH7 6HJ	5mi / 8km LEISURELY

Date/Time	Leader/Contact	Details	Distance
Wednesday 8th July 6pm	Tony P. 07899910320	Limpsfield Chart, Surrey Park in Tally Road near pub. Something different for a change! A short, leisurely evening walk to Searn Bank, the Long Walk and return via Yalden Spring. Then enjoy a drink at the pub if you wish. O S Map 147 Grid Ref: TQ424518 Postcode: RH8 0TG	4mi / 6.4km LEISURELY
Thursday 9th July 10am	Vivien M. 07505494706	Kenley, Surrey MORNING AMBLE: Park in Hayes Lane near main pedestrian entrance to Airfield signed RAF Memorial Tribute. (Post Code not accurate). Meet inside gate. Walk on Airfield and Common. O S Map 146 Grid Ref: TQ324576 Postcode: CR5 1JS	3mi / 4.8km EASY
Saturday 11th July 10am	Angie H. 07951086402	Marsh Green, Kent Walk from Marsh Green around Gabriels Fisheries and Dryhill. Snack picnic en route. O S Map 147 Grid Ref: TQ437443 Postcode: TN8 5QH Bring a picnic.	5.5mi / 8.9km LEISURELY 
Sunday 12th July 1:30pm	Sue H. 07877663006	Tatsfield, Kent - Afternoon Church Tea Walk Park and meet in Chestnut Avenue or in the laybys on the main road. Very pleasant walk through fields and farmland. 3 stiles, two short but steep ascents. Return via Tatsfield Village. Please note that there are two paths that are overgrown with nettles and brambles and in case they have not been cut back please wear appropriate clothing (trousers rather than shorts). Tea and cake on sale at end of walk at the church (optional but very highly recommended!). If you are staying for tea/cake please let me know at hikersue @ hotmail.co.uk. Grid Ref: TQ417559 Postcode: TN16 2DG	3.5mi / 5.6km LEISURELY
Tuesday 14th July 10am	Tony P. 07899910320	Limpsfield Chart, Surrey Fast Fitness Workout Walk. Park near Carpenters Arms. Walking on the High Chart, will take around 1 hour, fast walking (approx 3.5 mph). O S Map 147 Grid Ref: TQ424518 Postcode: RH8 0TG	3.5mi / 5.6km STRENUOUS
Wednesday 15th July 10am	John H. 07429634725	Limpsfield, Surrey Meet at Limpsfield Church. Walk via Sandy Lane, Pitchfont Farm, up Titsey to North Downs Way and back via Pilgrims Farm and Grub Street. Hills, mainly shaded, one stile. O S Map 146 and 147 Grid Ref: TQ404532 Postcode: RH8 0DG	6.3mi / 10.1km LEISURELY
Friday 17th July 10am	Helen M. 07940508443	South Nutfield, Surrey Park at Mercers Country Park car park for a circular walk around Mercers Lake and on to Nutfield Marsh, Nutfield Church and Bletchingley. The walk around the lake seems	5.5mi / 8.9km LEISURELY

Date/Time	Leader/Contact	Details	Distance
		to be muddy whatever the weather conditions. . O S Map 146	
		Grid Ref: TQ300517 Postcode: RH1 4EU	
Tuesday 21st July 10am	Alice B. 07905416280	Woldingham, Surrey Fast Fitness Workout Walk. Park on Croft Road near St Paul's Church in Woldingham. One circuit of 3.5 miles starting at St Paul's Church walking down Long Hill to the footpath that leads to the Woldingham Garden Village. Around the Village and back, crossing Station Road over to Park View Road continuing around Park View Road back to the Church. This is an undulating walk and should take 1 hour (approx 3.5 mph).. O S Map 146 Grid Ref: TQ369560 Postcode: CR3 7EN	3.5mi / 5.6km STRENUOUS
Wednesday 22nd July 10am	Johnny R. 07525772833	Boxhill Village, Surrey Park and meet at the "Chalk Hare", Boxhill Road. There is ample free parking.Walk from the pub towards Headley Common, through the National Trust and back to the pub again. Optional lunch at the pub. O S Map 146 Grid Ref: TQ201519 Postcode: KT20 7AH	5.6mi / 9km LEISURELY
Thursday 23rd July 10am	Robert C. 07967002126	Bletchingley, Surrey MORNING AMBLE: Park in playing fields CP opposite Bletchingley Arms. Lovely country stroll via Greensand Way and South Park, back past Wychcroft. O S Map 147 Grid Ref: TQ327505 Postcode: RH1 4LR	3.4mi / 5.5km EASY
Friday 24th July 10am	Phil H. 07711640060	Markbeece, Kent Park at bottom of CP in the Kentish Horse pub. This is a perfect summer walk in a magical landscape. The endless green wildflower meadows have a blissful beauty! Optional lunch at the pub. O S Map 147 Grid Ref: TQ473428 Postcode: TN8 5NT	5.5mi / 8.9km LEISURELY
Tuesday 28th July 10am	Graham W. 07758642492	Oxted, Surrey Fast Fitness Workout Walk. Park in Park Road (Oxted School end), Titsey yellow trail, one steep hill. Will take around 1 hour, fast walking (approx 3.5 mph). O S Map 146 and 147 Grid Ref: TQ396533 Postcode: RH8 0AH	3.5mi / 5.6km STRENUOUS
Wednesday 29th July 10am	Mark F. 07936015535	Reigate Heath, Surrey Park in the Skimmington Castle car park in Bonny's Road just off Flanchford Road on Reigate Heath. Circular walk through woods and open farm land. Cross the A 25, then up the Greensand Way to join the North Downs Way. Proceed to Underhill Farm, Dowdes Farm, then across the railway line (CAUTION check for trains both ways) to Buckland Village Green. Cross back over A25 and head for Wonham Mill, and finally back to the Heath and the pub (optional lunch). O S	5.8mi / 9.3km LEISURELY

Date/Time	Leader/Contact	Details	Distance
		Map 146 Grid Ref: TQ237498 Postcode: RH2 8RL	
Thursday 30th July 10am	Richard A. 07808804424	Crockham Hill, Kent Meet at junction of Smiths Lane and Deanery Lane. Parking is usually available along Smiths Lane. A circular walk exploring the countryside south of Crockham Hill. O S Map 147 Grid Ref: TQ441506 Postcode: TN8 6RQ	5.7mi / 9.2km MODERATE
Friday 31st July 10am	Pamela C. 07708926899	Warlingham, Surrey MORNING AMBLE: Park in Church Road as near All Saints' Church as possible. Easy stroll with slight inclines and no stiles. O S Map 146 and 161 Grid Ref: TQ354587 Postcode: CR6 9RF	3mi / 4.8km EASY
Friday 31st July 10am	Karen H. 07963786624	Cudham, Kent 5.8 mile Circular in Cudham. Parking in the Public Car Park next to Blacksmiths Arms (Cudham Lane South, TN14 7QB). There are 2 steep inclines and 2 stiles. Walk takes in Blackbush, Twenty Acre Shaw, Luxted Farm, West Kent Golf Club, Downe House (back entrance) and Snags Lane. O S Map 147 Grid Ref: TQ445596 Postcode: TN14 7QB	6mi / 9.7km MODERATE
August			
Saturday 1st August 10:30am	Judy S. 07938325891	London's Royal Parks Meet at St. James Park underground station to walk through St. James, Green and Hyde Parks plus Kensington Gardens. Finish at High St. Kensington underground. Registered Assistance Dogs Only. O S Map 161 Grid Ref: TQ295794 Postcode: SW1H 0AX	3mi / 4.8km EASY
Tuesday 4th August 10am	Annie S. 07969193105	Tatsfield, Surrey Fast Fitness Workout Walk. Park in village and meet on the village green. Will take around 1 hour, fast walking, approx.3.5 mph. O S Map 147 Grid Ref: TQ411568 Postcode: TN16 2DE	3.5mi / 5.6km STRENUOUS
Wednesday 5th August 10am	Russ S 07801 908664	Fickleshole, Surrey Park and meet at The White Bear, Fairchilds Road. Walking to Frylands Wood via Farleigh and back via Little Farleigh Green Farm. Optional lunch at The White Bear. O S Map 146 and 161 Grid Ref: TQ388603 Postcode: CR6 9PH	5.2mi / 8.4km LEISURELY

Date/Time	Leader/Contact	Details	Distance
Thursday 6th August 10am	Sue H. 07877663006	Godstone, Surrey MORNING AMBLE: Park and meet at Godstone Green. Pleasant walk past the Church, Leigh Place and Godstone Farm. Flat walk but now with two easy stiles. Choice of places in village for refreshments after walk (optional). O S Map 146 Grid Ref: TQ349515 Postcode: RH9 8DY	3mi / 4.8km EASY
Friday 7th August 10am	Tricia R.	Bletchingley, Surrey Meet in the car park behind Lawrences for a lovely walk around the lakes at Merstham and back via Nutfield Marsh. O S Map 146 Grid Ref: TQ325508 Postcode: RH1 4PA	7.5mi / 12.1km MODERATE
Tuesday 11th August 10am	Angela B. 07568762547	Godstone, Surrey Fast Fitness Workout Walk. Park in North Park Lane (towards the Orpheus Centre) but just off the A25 before where the quarry lorries cross the road. Undulating walk. Will take around 1 hour, fast walking (approx 3.5 mph). O S Map 146 Grid Ref: TQ341516 Postcode: RH9 8FD	3.5mi / 5.6km STRENUOUS
Wednesday 12th August 10am	John H. 07429634725	Dene Park, Shipbourne, Kent Meet Dene Park car park, off Puttenden Lane, Shipbourne, Walk via Dumks Green, Greensand Way, back via Oxen Hoath and Frith Wood. Some stiles. Beautiful country walk through Kent's orchards and woods. O S Map 147 and 148 Grid Ref: TQ604510 Postcode: TN11 9RJ	6.5mi / 10.5km LEISURELY
Thursday 13th August 10am	Sue H. 07877663006	Godstone, Surrey MORNING AMBLE: Park and meet at Godstone Green. Pleasant walk past the Church, Leigh Place and Godstone Farm. Flat walk but now with two easy stiles. Choice of places in village for refreshments after walk (optional). O S Map 146 Grid Ref: TQ349515 Postcode: RH9 8DY	3mi / 4.8km EASY
Friday 14th August 10:30am	Judy S. 07938325891	London Bridge Station Meet at London Bridge Station upper concourse to follow the trail of the Great Fire of London finishing at Barbican underground station. Registered Assistance Dogs Only. O S Map 161 Grid Ref: TQ329801 Postcode: SE1 9GP	3mi / 4.8km EASY
Saturday 15th August 10am	Robert C. 07967002126	South Nutfield, Surrey Park and meet at south side of Nutfield Station. Pleasant walk over fields from South Nutfield to Burstow Park Farm and back. O S Map 146 Grid Ref: TQ303491 Postcode: RH1 5SA	6mi / 9.7km MODERATE
Tuesday 18th August 10am	Judy T. 07879018459	Hosey Hill, Westerham, Kent Fast Fitness Workout Walk. Park at Hosey Common CP, B2026 south of Westerham. Undulating walk. Will take	3.5mi / 5.6km STRENUOUS

Date/Time	Leader/Contact	Details	Distance
		around 1 hour, fast walking, approx 3.5 mph. O S Map 147 Grid Ref: TQ451530 Postcode: TN16 1PL	
Wednesday 19th August 10am	Fay R. 07941221032	Bramber, West Sussex Park (for free) in Bramber Village Car Park, The Street for a level wall along the River Adur, crossing the historic footbridge and making our way past the Houseboats. We then cross the swing-bridge into Shoreham and lunch at The Tap House (11 different ciders and ales on tap!). Bring your Bus Pass to catch the Number 2 back to Bramber. O S Map OL11 Grid Ref: TQ107166 Postcode: RH20 3QS	6mi / 9.7km LEISURELY
Thursday 20th August 10am	Judy S. 07938325891	Limpsfield Chart, Surrey Meet near the Carpenters Arms (park in Tally Road) for a 3 mile amble around the Chart. No hills, no stiles. O S Map 147 Grid Ref: TQ424518 Postcode: RH8 0TG	3mi / 4.8km EASY
Thursday 20th August 10am	Richard A. 07808804424	Dormansland, Surrey Meet at junction of Ford Manor Road and Plough Road. Park along Ford Manor Road or The Plough Inn. Morning circular walk from Dormansland towards Marsh Green and return via Starborough Castle. O S Map 147 Grid Ref: TQ405428 Postcode: RH7 6PR	5mi / 8km LEISURELY
Friday 21st August 10am	Karen F. 07772 269559	Caterham, Surrey Caterham and the North Downs Way. Meet at the car park at St Mary's Church Caterham. O S Map 146 Grid Ref: TQ335554 Postcode: CR3 6FF	6mi / 9.7km MODERATE
Tuesday 25th August 10am	Annie S. 07969193105	Caterham, Surrey Fast Fitness Workout Walk. Park in Park Avenue and meet outside the Old Caterhamians Sports Club. One circuit of 3.8 miles via two challenging hills. Will take about 1 hour, fast walking. Approx 3.5 mph. O S Map 146 Grid Ref: TQ332551 Postcode: CR3 6AH	3.8mi / 6.1km STRENUOUS
Wednesday 26th August 10am	Tricia R.	Bletchingley, Surrey Meet in the car park behind Lawrences for a walk down Castle Hill then accross to South Park and back via the Greensand Way. O S Map 146 Grid Ref: TQ325508 Postcode: RH1 4PA	5.4mi / 8.7km LEISURELY
Thursday 27th August 10am	Nigel P. 07951701692	Chelsham, Surrey MORNING AMBLE: Park in Knights Garden Centre (as near road entrance as possible). Meet near pedestrian access. Henley Wood, Holt Wood, Great Park and Chelsham Place. One stile (can be avoided). Optional coffee in Seasons Cafe. O S Map 146 Grid Ref: TQ367582 Postcode: CR6 9DZ	3mi / 4.8km EASY
Saturday 29th	Judy S. 07938325891	Limpsfield, Surrey Meet in car park opposite Limpsfield Chart Golf Club just	3mi / 4.8km EASY

Date/Time	Leader/Contact	Details	Distance
August 10am		off the A25 for a 3 mile amble with lovely views and interest in Limpsfield village. O S Map 147 Grid Ref: TQ411526 Postcode: RH8 0SL	
September			
Tuesday 1st September 10am	Vivien M. 07505494706	Old Oxted, Surrey MORNING AMBLE. Park at end of Old Godstone Road, past Bushey Croft. Walk to Tandridge Church and back via Golf Course, Broadham Green and Oxted Mill. O S Map 146 Grid Ref: TQ380521 Postcode: RH8 9JU	3.5mi / 5.6km EASY
Tuesday 1st September 10am	Tony P. 07899910320	Limpsfield Chart, Surrey Fast Fitness Workout Walk. Park near Carpenters Arms. Walking on the High Chart, will take around 1 hour, fast walking (approx 3.5 mph). O S Map 147 Grid Ref: TQ424518 Postcode: RH8 0TG	3.5mi / 5.6km STRENUOUS
Wednesday 2nd September 10am	Roger M. 07831648086	Smallfield, Surrey Park and meet at Smallfield Football Club, Plough Lane. Fairly flat circular walk with some stiles. O S Map 147 Grid Ref: TQ322430 Postcode: RH6 9JN	6mi / 9.7km LEISURELY
Tuesday 8th September 10am	Alice B. 07905416280	Woldingham, Surrey Fast Fitness Workout Walk. Park on Croft Road near St Paul's Church in Woldingham. One circuit of 3.5 miles starting at St Paul's Church walking down Long Hill to the footpath that leads to the Woldingham Garden Village. Around the Village and back, crossing Station Road over to Park View Road continuing around Park View Road back to the Church. This is an undulating walk and should take 1 hour (approx 3.5 mph).. O S Map 146 Grid Ref: TQ369560 Postcode: CR3 7EN	3.5mi / 5.6km STRENUOUS
Wednesday 9th September 10am	Sue H. 07877663006	Godstone, Surrey MORNING AMBLE: Park and meet at Godstone Green. Pleasant walk past the Church, Leigh Place and Godstone Farm. Flat walk but now with two easy stiles. Choice of places in village for refreshments after walk (optional). O S Map 146 Grid Ref: TQ349515 Postcode: RH9 8DY	3mi / 4.8km EASY
Wednesday 9th September 10am	Jim H. 07736879287	Banstead, Surrey Park in Oaks Park, Croydon Lane. Fairly flat walk through golf course and back through Lavender Fields. Optional lunch at The Woodman, 51 Woodmansterne Street, Banstead SM7 3NL O S Map 161 Grid Ref: TQ274612 Postcode: SM7 3BA	5mi / 8km LEISURELY
Sunday 13th	Phil H. 07711640060	Penshurst, Kent Park in lay-by opposite Penshurst Place. Please phone me	11mi / 17.7km

Date/Time	Leader/Contact	Details	Distance
September 10am		to say you are coming because parking is limited so I will sort out more spaces if necessary. This is a walk through history, a gentle portrait of the Garden of England. Lots of oasthouses abd a couple of pubs if required. O S Map 147 Grid Ref: TQ524441 Postcode: TN11 8DH Bring a picnic.	MODERATE 
Tuesday 15th September 10am	Sue C. 07914 796555	Riddlesdown, Surrey Fast Fitness Workout Walk. Meet at entrance to Riddlesdown in Tithepit Shaw Lane opposite Warlingham Secondary School. W3W: offer.parent.sample. Park in nearby Wentworth Way or Princes Avenue. Walk around Riddlesdown. Will take around 1 hour, fast walking, approx.3.5 mph. O S Map 146 Grid Ref: TQ344595 Postcode: CR6 9AU	3.5mi / 5.6km STRENUOUS
Wednesday 16th September 10am	Johnny R. 07525772833	Boxhill Village, Surrey Park and meet at the "Chalk Hare", Boxhill Road. There is ample free parking. Circular Walk from the pub towards Mickleham, across to Upper Juniper Hill, on to the "Lookout", part of the National Trust, and back towards the pub. This is a Moderate rated walk as the upper Juniper Hill will require a stop to have a break. Optional lunch at the pub. O S Map 146 Grid Ref: TQ201519 Postcode: KT20 7AH	5.7mi / 9.2km MODERATE
Thursday 17th September 10am	Sue H. 07877663006	Godstone, Surrey MORNING AMBLE: Park and meet at Godstone Green. Pleasant walk past the Church, Leigh Place and Godstone Farm. Flat walk but now with two easy stiles. Choice of places in village for refreshments after walk (optional). O S Map 146 Grid Ref: TQ349515 Postcode: RH9 8DY	3mi / 4.8km EASY
Tuesday 22nd September 10am	Graham W. 07758642492	Coulsdon, Surrey Fast Fitness Workout Walk. Meet in public CP at the end of Fox Lane. Circular walk through Happy Valley and Farthing Downs. A couple of inclines. Will take around 1 hour, fast walking (approx 3.5 mph). O S Map 146 Grid Ref: TQ316567 Postcode: CR3 5QB	3.5mi / 5.6km STRENUOUS
Wednesday 23rd September 10am	Ron W. 07776180174	Staffhurst Wood, Surrey Meet in the Royal Oak car park. Route goes Shingle Barn Farm, Edenbridge House, Vanguard Way, Troy Town. There are some stiles and two railway crossings. O S Map 147 Grid Ref: TQ405485 Postcode: RH8 0RR	6.2mi / 10km LEISURELY
Thursday 24th September 10am	Nigel P. 07951701692	Limpsfield Chart, Surrey MORNING AMBLE: Park and meet in car park on the right in Moorhouse Road. Easy stroll through the High Chart with slight inclines and no stiles. Optional refreshments at the FIKA kiosk or at The Carpenters Arms. O S Map 147	3mi / 4.8km EASY

Date/Time	Leader/Contact	Details	Distance
Friday 25th September 10:30am	Judy S. 07938325891	Grid Ref: TQ426520 Postcode: RH8 0TW London; Chalk Farm and Regents Canal Meet at Chalk Farm underground for a walk along Regents Canal to Little Venice. Stunning views from Primrose Hill. Finish at Paddington underground. Registered Assistance Dogs Only. O S Map 161 Grid Ref: TQ285822 Postcode: NW1 4LJ	3mi / 4.8km EASY
Tuesday 29th September 10am	Judy T. 07879018459	Hosey Hill, Westerham, Kent Fast Fitness Workout Walk. Park at Hosey Common CP, B2026 south of Westerham. Undulating walk. Will take around 1 hour, fast walking, approx 3.5 mph. O S Map 147 Grid Ref: TQ451530 Postcode: TN16 1PL	3.5mi / 5.6km STRENUOUS
Wednesday 30th September 10am	Nigel P. 07951701692	Sunnyside, East Grinstead, West Sussex Park and meet at The Old Dunnings Mill, Dunnings Road. Walk through woodland and fields alongside Weir Wood Reservoir and back via the High Weald Landscape Trail. Optional lunch at The Old Dunnings Mill. O S Map 146 Grid Ref: TQ404532 Postcode: RH8 0DG	5.5mi / 8.9km LEISURELY