

Date	Day	Time	Contact Names	Location	Description	Grid ref	Map	Grade	Miles
01-Apr	Tuesday	10:00	Annie Spence	Caterham, Surrey	Fast Fitness Workout Walk. Park in Park Avenue and meet outside the Old Caterhamians Sports Club. One circuit of 3.8 miles via two challenging hills. Will take about 1 hour, fast walking. Approx 3.5 mph.	TQ333551	146	S	3.8
02-Apr	Wednesday	10:00	Nigel Poulter	Tandridge, Surrey	Park and meet at The Barley Mow. Walk via Broadham Green, Oxted Mill, Tandridge golf course, Jackass Lane, Leigh Place and back to Tandridge. Optional lunch at The Barley Mow.	TQ373506	147	L	5
03-Apr	Thursday	10:00	Adam Wilson	Dormansland, Surrey	MORNING AMBLE: Park in Ford Manor Road next to The Plough pub. A gentle amble round some of the picturesque footpaths that surround the village.	TQ406428	146 and 147	E	3
08-Apr	Tuesday	10:00	Angela Balfour	Godstone, Surrey	Fast Fitness Workout Walk. Park in North Park Lane (towards the Orpheus Centre) but just off the A25 before where the quarry lorries cross the road. Undulating walk. Will take around 1 hour, fast walking (approx 3.5 mph).	TQ342516	146	S	3.5
09-Apr	Wednesday	10:00	Roger May	Horley, Surrey	Meet at Farmhouse Pub. Parking only for those taking lunch. Leisurely circular countryside walk.	TQ288441	146	L	6
10-Apr	Thursday	10:00	Vivien Moyle	Kenley, Surrey	MORNING AMBLE: Park in Hayes Lane near main entrance to Airfield (postcode CR8 5EG). Meet inside gate. Walk on Airfield and Common.	TQ325576	146	E	3
13-Apr	Sunday	09:30	Alan Quayle	Silent Pool, Surrey	Pick up North Downs Way and then drop down to Gomshall then on to Shere, through to Albury and Chilworth Manor, up to St Martha's then Newlands Corner and finally back to Silent Pool.	TQ059484	145	M	12
15-Apr	Tuesday	10:00	Tony Pearson	Limpsfield Chart, Surrey	Fast Fitness Workout Walk. Park near Carpenters Arms. Walking on the High Chart, will take around 1 hour, fast walking (approx 3.5 mph).	TQ425518	147	S	3.5
16-Apr	Wednesday	10:00	Helen McDonnell	Limpsfield, Surrey	Park in Grub Street CP opposite Limpsfield Chart Golf Club. Circular walk past Moorhouse Sandpits, part of the Chart, Trevereux Hill and NT woodland. One steep up and down.	TQ411527	147	L	5
18-Apr	Friday	10:00	Tricia Cook	Godstone, Surrey	MORNING AMBLE: Meet at CP by pond. Walk past Bay Pond, Godstone Church, Leigh Mill and back through Godstone Farm.	TQ350515	146	E	3
19-Apr	Saturday	10:00	Phil Harris	Dormansland, Surrey	This is a very splendid walk with a magnificent pub to rest your weary bones at the finish of the walk. Park in Ford Manor Road (adjacent to the pub).	TQ407428	147	L	5.5
22-Apr	Tuesday	10:00	Graham Woodward	Coulsdon, Surrey	Fast Fitness Workout Walk. Meet in public CP at the end of Fox Lane. Circular walk through Happy Valley and Farthing Downs. A couple of inclines. Will take around 1 hour, fast walking (approx 3.5 mph).	TQ317567	146	S	3.5
23-Apr	Wednesday	10:00	Ron Wellbrook	Crockham Hill, Kent	Park in Deanery Road/Smith Lane. Mostly flat walk across to Moat Farm, Stockenden Farm and Comforts Cottages. Back via Langhurst and Guildables. Optional pub lunch.	TQ442506	147	L	5.5
24-Apr	Thursday	10:00	Robert Coupland	Bletchingley, Surrey	MORNING AMBLE: Park in playing fields CP opposite Bletchingley Arms. Lovely country stroll along Greensand Way and back past Wychcroft and South Park.	TQ328505	147	E	3.4
25-Apr	Friday	10:00	Mike Holman	Dryhill, Kent	Meet at Dryhill Car Park. Over the traffic lights on A25 at Sundridge turn right at the Garden Centre Dryhill Lane. A mostly wooded walk with lovely views. Lunch after 6 miles at the Cock Inn or picnic on the green. After lunch 2.5 miles to finish. If you wish to eat at the pub contact Helen by e mail akaglam@hotmail.com.uk by the 22nd April.	TQ499552	147	M	8.5
27-Apr	Sunday	10:30	Judy Smythson	Oxted, Surrey	Meet at Oxted railway station, Station Road West, where visitors from London Blind Ramblers will arrive at approx. 11:00. Drive to start of walk at car park opposite Limpsfield Golf Club (TQ411527). Walk starts at approx. 11.30. Refreshments after walks at Oxted British Legion, 42 Church Lane, Oxted (RH8 9LB). Donations of cakes will be very gratefully received by Kate Roffey at start of walk.	TQ393528	147	L	5
27-Apr	Sunday	10:30	Helen McDonnell	Oxted, Surrey	Meet at Oxted railway station, Station Road West, where visitors from London Blind Ramblers will arrive at approx. 11:00. Drive to start of walk at car park opposite Limpsfield Golf Club (TQ411527). Walk starts at approx. 11.30. Refreshments after walks at Oxted British Legion, 42 Church Lane, Oxted (RH8 9LB). Donations of cakes will be very gratefully received by Kate Roffey at start of walk.	TQ393528	147	E	2

29-Apr	Tuesday	10:00	Judy Thomas	Hosey Hill, Westerham, Kent	Fast Fitness Workout Walk. Park at Hosey Common CP, B2026 south of Westerham. Undulating walk. Will take around 1 hour, fast walking, approx 3.5 mph.	TQ452530	147	S	3.5
30-Apr	Wednesday	10:00	Russ Spurdens	Farleigh, Surrey	Park and meet at The Harrow, 309 Farleigh Road, Warlingham. Walk via Farleigh Court, Frith Wood, Selsdon Wood and back to the Harrow. Optional lunch at The Harrow.	TQ364595	147 and 161	L	5
01-May	Thursday	10:00	Pamela Cunliffe	Warlingham, Surrey	MORNING AMBLE: Park in Church Road as near All Saints' Church as possible. Easy stroll with slight inclines and no stiles.	TQ355587	146 and 161	E	3
02-May	Friday	10:00	Mike Holman	Penshurst, Kent	Meet at layby in Penshurst Road just before T junction at Penshurst. Walk to vineyard, Nashes Farm and over to River Mwdway. After 6 miles lunch at the Porcupine Cafe, Penshurst, then afterwards a shorter 2 mile walk for those that wish to walk more.	TQ525438	147	M	8.5
06-May	Tuesday	10:00	Sue Cousins	Riddlesdown, Surrey	Fast Fitness Workout Walk. Meet at entrance to Riddlesdown in Tithepit Shaw Lane opposite Warlingham Secondary School. W3W: offer parent.sample. Park in nearby Wentworth Way or Princes Avenue. Walk around Riddlesdown. Will take around 1 hour, fast walking, approx.3.5 mph.	TQ345595	146	S	3.5
07-May	Wednesday	10:00	John Holmes	Limpsfield, Surrey	Park and meet at Limpsfield Golf Club car park. Walk across the common, down Tenchleys (mud at bottom) via Stockenden and Guildables and back up Trevereux Hill. Good views and pleasant countryside. Some stiles and gates. Likely sheep and cattle in the fields.	TQ412526	147	M	6.5
09-May	Friday	10:00	Tricia Ross	Reigate, Surrey	Meet at the car park on Flanchford Road. The walk goes across to Buckland and on towards Brockham along the Greensand way before returning on a more southerly route.	TQ238502	146	M	7.6
13-May	Tuesday	10:00	Angela Balfour	Godstone, Surrey	Fast Fitness Workout Walk. Park in North Park Lane (towards the Orpheus Centre) but just off the A25 before where the quarry lorries cross the road. Undulating walk. Will take around 1 hour, fast walking (approx 3.5 mph).	TQ342516	146	S	3.5
14-May	Wednesday	10:00	Vivien Moyle	Outwood, Surrey	Park and meet in National Trust car park off Outwood Lane. A figure of eight walk to Bransland Wood and back. Fairly level walk through fields and woodland. Gradual incline on return. Well behaved dogs on a short lead at all times.	TQ326455	146	L	5
16-May	Friday	10:00	Sue Halsey	Godstone, Surrey	MORNING AMBLE: Park and meet at Godstone Green. Pleasant walk past the Church, Leigh Place and Godstone Farm. Flat walk but now with two easy stiles. Choice of places in village for refreshments after walk (optional).	TQ350515	146	E	3
17-May	Saturday	10:00	Phil Harris	Hurst Green, Surrey	A great walk originally penned by the great Aubrey Rowe and first published at some point in the 1980s. Walk starts at the small CP in Staffhurst Wood Road close to former St Sylvans Chapel.	TQ412487	147	E	6.5
20-May	Tuesday	10:00	Annie Spence	Caterham, Surrey	Fast Fitness Workout Walk. Park in Park Avenue and meet outside the Old Caterhamians Sports Club. One circuit of 3.8 miles via two challenging hills. Will take about 1 hour, fast walking. Approx 3.5 mph.	TQ333551	146	S	3.8
21-May	Wednesday	10:00	Russ Spurdens	Fickleshole, Surrey	Park and meet in The White Bear car park. Walk via Highams Hill, High House Farm, Leaves Green, past Biggin Hill Airport, Kimberley Farm, Furze Bottom and back to Ficleshole via Highams Hill. An undulating walk with several stiles between Fickleshole and Jewels Wood. Optional lunch at The White Bear.	TQ389603	147 and 161	L	5.8
22-May	Thursday	10:00	Nigel Poulter	Chelsham, Surrey	MORNING AMBLE: Park in Knights Garden Centre (as near road entrance as possible). Meet near pedestrian access. Henley Wood, Holt Wood, Great Park and Chelsham Place. One stile. Optional coffee in Seasons Cafe.	TQ368581	146	E	3
23-May	Friday	10:00	Karen Frost	Banstead, Surrey	Banstead Village and Woods. Park in Holly Lane CP for a walk over Chipstead Downs to Banstead Village and back through Banstead Woods. Bring refreshments for a quick coffee break.	TQ273583	146	M	6
25-May	Sunday	10:00	Alan Quayle	Newlands Corner, Surrey	Meet by visitor centre. Make our way to St Martha's, then drop down to Chilworth station, upwards to Blackheath, then Albury and back to Newlands Corner.	TQ043493	145	M	7.5

27-May	Tuesday	10:00	Alice Byrne	Woldingham, Surrey	Fast Fitness Workout Walk. Park on Croft Road near St Paul's Church in Woldingham. One circuit of 3.5 miles starting at St Paul's Church walking down Long Hill to the footpath that leads to the Woldingham Garden Village. Around the Village and back, crossing Station Road over to Park View Road continuing around Park View Road back to the Church. This is an undulating walk and should take 1 hour (approx 3.5 mph)..	TQ370560	146	S	3.5
28-May	Wednesday	10:00	Mark Fulston	Oaks Park, Banstead, Surrey	Meet near the Oaks Park cafe (use one of the two car parks in the woods). Circular walk round Oaks Park, Little Woodcote and Clock House then back via edge of Woodmansterne. The walk is a mix of woods and open fields and involves a couple of slight inclines, 2 stiles and across a lavender field (please keep to path between the plants). Also care is needed in crossing 3 main roads. Optional lunch possibly at The Woodman, Woodmansterne, SM73NL	TQ610275	161	L	5.5
29-May	Thursday	18:00	Graham Green	Lingfield, Surrey	EVENING AMBLE: Park in Gun Pit Road CP. Easy stroll through farmland around Lingfield. Optional drinks at The Star.	TQ385435	146	E	3
30-May	Friday	10:00	Tony Pearson	Goathurst Common, Ide Hill, Kent	Meet at Stubbs Wood CP at junction with Yorks Hill. Walking through the beautiful West Kent countryside via Bore Place to Sevenoaks Weald for pub lunch, returning via Greensand Way. Please book for lunch (max 12) by email to tony2.pearson@btinternet.com by 27th May and I will confirm.	TQ494518	147	M	7.5
02-Jun	Monday	10:00	Vivien Moyle	Old Oxted, Surrey	MORNING AMBLE. Park at end of Old Godstone Road, past Bushey Croft. Walk to Tandridge Church and back via Golf Course, Broadham Green and Oxted Mill.	TQ381521	146	E	3.5
03-Jun	Tuesday	10:00	Sue Cousins	Riddlesdown, Surrey	Fast Fitness Workout Walk. Meet at entrance to Riddlesdown in Tithepit Shaw Lane opposite Warlingham Secondary School. W3W: offer.parent.sample. Park in nearby Wentworth Way or Princes Avenue. Walk around Riddlesdown. Will take around 1 hour, fast walking, approx.3.5 mph.	TQ345595	146	S	3.5
04-Jun	Wednesday	10:00	Bob Younger	Otford, Kent	Park and meet at Otford Village Car park (pay and display). Walk via Wickham Field, Sepham Farm, Polhill Bank, Pilots Wood, Filston Farm, Home Farm and back along the Darent Valley Path. Optionaal lunch at Bricklayers Arms, Chevening Road, Chipstead TN13 2RZ.	TQ525594	147	M	5.5
06-Jun	Friday	10:00	Mike Holman	Handcross, West Sussex	Meet at Nymans NT free car park. A lovely walk through the delightful Nymans Estate. A picnic lunch on the Green at Staplefield then a 2 mile walk back through the Estate to the finish.	TQ262296	134	M	7.2
07-Jun	Saturday	10:00	Robert Coupland	Reigate, Surrey	Meet Margery Wood NT CP. Charge of 4 pounds payable by phone or debit/credit card apart from NT members using membership card. Walk across Banstead Heath to Walton on the Hill and back through Mogador. No stiles but liable to be very muddy in places if we have had heavy rain. Fairly level with a few undulations.	TQ245527	146	L	5.5
08-Jun	Sunday	10:00	Alan Quayle	Farley Green, Surrey	Meet and park at C/P No15, it is a small C/P. There is another further down the road. Make our way through Winterfold Forest to Peaslake, from there to Albury, then back to the car park.	TQ054452	145	M	8.5
10-Jun	Tuesday	10:00	Judy Thomas	Hosey Hill, Westerham, Kent	Fast Fitness Workout Walk. Park at Hosey Common CP, B2026 south of Westerham. Undulating walk. Will take around 1 hour, fast walking, approx 3.5 mph.	TQ452530	147	S	3.5
11-Jun	Wednesday	10:00	John Holmes	Chiddingstone, Kent	Meet at Chiddingstone. Walk via Vexour Bridge, Little Moorden, Park Plantation and back via Eden Valley Way. Fabulous views, some stiles, maybe a Nightingale! Sheep in the fields.	TQ501451	147	L	6.5
12-Jun	Thursday	10:00	Nigel Poulter	Limpsfield Chart, Surrey	MORNING AMBLE: Park and meet in car park on the right in Moorhouse Road. Easy stroll through the High Chart with slight inclines and no stiles. Optional refreshments at The Carpenters Arms.	TQ426520	147	E	3
13-Jun	Friday	10:00	Tony Pearson	Limpsfield Chart, Surrey	Walk and Talk. Meet in Tally Road near The Carpenters Arms. Passing various houses on Limpsfield Chart associated with literary and political figures including members of the Bloomsbury Set in the early 1900s. Hear about how they lived and played! The walk is limited to 15 and pre-booking is required at tony2.pearson@btinternet.com.	TQ424518	147	E	4.5
14-Jun	Saturday	10:00	Phil Harris	Sevenoaks Weald, Kent	Meet and park at St Georges Church in the car park or on the road. This is a super walk much enoyed 2 years ago. Also marvellous place for a picnic on the walk.	TQ529515	147	E	8

17-Jun	Tuesday	10:00	Graham Woodward	Oxted, Surrey	Fast Fitness Workout Walk. Park in Park Road (Oxted School end), Titsey yellow trail, one steep hill. Will take around 1 hour, fast walking (approx 3.5 mph).	TQ397533	146 and 147	S	3.5
18-Jun	Wednesday	10:00	Karen Holdsworth	Cudham, Kent	Park in free Public Car Park in Cudham Lane South. Circular walk incorporating Twenty Acre Shaw, Luxted Farm, West Kent Golf Club, Downe House (back entrance) and Snags Lane. TWO STEEP INCLINES and 2 stiles.	TQ446596	147	M	6
19-Jun	Thursday	10:00	Sue Halsey	Godstone, Surrey	MORNING AMBLE: Park and meet at Godstone Green. Pleasant walk past the Church, Leigh Place and Godstone Farm. Flat walk but now with two easy stiles. Choice of places in village for refreshments after walk (optional).	TQ350515	146	E	3
20-Jun	Friday	10:00	Helen McDonnell	Brockham, Surrey	Circular, mainly flat walk around Brockham and Betchworth, past golf course, churches and pubs. No stiles. Meet by the pump on Brockham Green.	TQ196495	146	L	6
22-Jun	Sunday	10:00	Alan Quayle	Winterfold Forest, Surrey	Park and meet at C/P No 4 near Ewhurst Windmill. Make our way down towards Dewneys Well, on to Ponds Farm, then Albury Heath, Blackheath, then eventually pick up the Fox Way and onwards back to the car park.	TQ079427	145	M	11
24-Jun	Tuesday	10:00	Alice Byrne	Woldingham, Surrey	Fast Fitness Workout Walk. Park on Croft Road near St Paul's Church in Woldingham. One circuit of 3.5 miles starting at St Paul's Church walking down Long Hill to the footpath that leads to the Woldingham Garden Village. Around the Village and back, crossing Station Road over to Park View Road continuing around Park View Road back to the Church. This is an undulating walk and should take 1 hour (approx 3.5 mph)..	TQ370560	146	S	3.5
25-Jun	Wednesday	10:00	Ron Wellbrook	Outwood, Surrey	Park in the National Trust car park, opposite Gayhouse Lane. A mostly flat walk, across the road up to Lodge Farm, across to Burstow Park, back to Outwood Common. Optional pub lunch.	TQ326456	147	L	4.9
26-Jun	Thursday	18:00	Graham Green	Lingfield, Surrey	EVENING AMBLE: Park in Gun Pit Road CP. Easy stroll through farmland around Lingfield. Optional drinks at The Star.	TQ385435	146	E	3