

Date	Day	Time	Contact Names	Location	Description	Grid ref	Map	Grade	Miles
01-Jul	Tuesday	10:00	Angela Balfour	Godstone, Surrey	Fast Fitness Workout Walk. Park in North Park Lane (towards the Orpheus Centre) but just off the A25 before where the quarry lorries cross the road. Undulating walk. Will take around 1 hour, fast walking (approx 3.5 mph).	TQ342516	146	S	3.5
02-Jul	Wednesday	10:00	Nigel Poulter	Chipstead, Surrey	Park and meet at Elmore recreation ground car park (Chipstead Rugby Club). A walk through woodland, fields and a golf course via Kingswood to Reads Rest and back via Banstead Wood and Chipstead Bottom. Crossing and recrossing a railway and Outwood Lane. No stiles. Optional lunch at The White Hart.	TQ278568	146	L	5.2
03-Jul	Thursday	10:00	Sue Halsey	Godstone, Surrey	MORNING AMBLE: Park and meet at Godstone Green. Pleasant walk past the Church, Leigh Place and Godstone Farm. Flat walk but now with two easy stiles. Choice of places in village for refreshments after walk (optional).	TQ350515	146	E	3
05-Jul	Saturday	10:00	John Holmes	Limpsfield, Surrey	Short walk; big, slow ascent. Meet at St Peters Church. Walk via Pitchfont Farm, North Downs Way and Grub Street. Great views,	TQ405537	146 and 147	L	6.3
06-Jul	Sunday	10:00	Phil Harris	Hever, Kent	Meet at Hever Station. Pay to park at the station or travel by train. A gorgeous walk (all mine are !!); lots of beautiful views and all welcome to stop at Cowden for lunch. This walk is different to the other walk in Hever that I led previously.	TQ467444	147	M	11
08-Jul	Tuesday	10:00	Tony Pearson	Limpsfield Chart, Surrey	Fast Fitness Workout Walk. Park near Carpenters Arms. Walking on the High Chart, will take around 1 hour, fast walking (approx 3.5 mph).	TQ425518	147	S	3.5
09-Jul	Wednesday	10:00	Stuart England	Banstead Wood, Surrey	Park in Banstead Wood/Holly Lane CP at the bottom of Holly Lane. Circular route with plenty of tree shade. No roads or pavements and just one stile. Route via Banstead Wood, Perrotts Farm, Ruffett Wood, Reads Rest and Chipstead Bottom.	TQ273582	146	L	5.5
10-Jul	Thursday	10:00	Vivien Moyle	Kenley, Surrey	MORNING AMBLE: Park in Hayes Lane near main entrance to Airfield (postcode CR8 5EG). Meet inside gate. Walk on Airfield and Common.	TQ325576	146	E	3
10-Jul	Thursday	10:00	Judy Brua	Toys Hill, Surrey	Park and meet in Toys Hill car park. Initially west towards Chartwell, then on to French Street, through Emmetts and Ide Hill before returning to Toys Hill. One challenging climb.	TQ425518	147	M	7
11-Jul	Friday	10:00	Judy Smythson	Chaldon, Surrey	Park at Chaldon Church for a flat ramble through open countryside with lovely views south over the Weald. Two stiles.	TQ555310	146	L	4
15-Jul	Tuesday	10:00	Annie Spence	Caterham, Surrey	Fast Fitness Workout Walk. Park in Park Avenue and meet outside the Old Caterhamians Sports Club. One circuit of 3.8 miles via two challenging hills. Will take about 1 hour, fast walking. Approx 3.5 mph.	TQ333551	146	S	3.8
16-Jul	Wednesday	10:00	Vivien Moyle	Crockham Hill, Kent	Park in Smith's Lane/Deanery Road. We will cross the B269 and walk up towards Coachmans, then through fields (one steep descent) and tracks to Crockham Grange and Coakham Farm before crossing the main road again and returning via Dairy Lane. Several stiles and gates. Well behaved dogs on a short lead at all times, please.	TQ442506	147	L	5
18-Jul	Friday	10:00	Tricia Cook	Godstone, Surrey	MORNING AMBLE: Meet at CP by pond. Walk past Bay Pond, Godstone Church, Leigh Mill and back through Godstone Farm.	TQ350515	146	E	3
18-Jul	Friday	10:00	Mike Holman	Shoreham, Kent	Meet at Filston Lane free car park Shoreham.From the car park we climb up to the Shoreham Cross and onwards on an undulating path to Lullingstone Golf Club.After gradual decline to the River Darent and back via Castle and lunch stop at the Country Park cafe or picnic by the river	TQ518615	147	M	7.5
22-Jul	Tuesday	10:00	Alice Byrne	Woldingham, Surrey	Fast Fitness Workout Walk. Park in Marden Park CP, Gangers Hill. One circuit of 3.5miles from Marden Woods, passing Woldingham School, returning up Church Road via a long, challenging hill. It will take about 1 hour, fast walking.	TQ373541	146	S	3.5
24-Jul	Thursday	10:00	Adam Wilson	Dormansland, Surrey	MORNING AMBLE: Park in Ford Manor Road next to The Plough pub. A gentle amble round some of the picturesque footpaths that surround the village.	TQ406428	146 and 147	E	3
25-Jul	Friday	10:00	Tricia Ross	Ardingly, West Sussex	Park in the Ardingly Reservoir Car Park for a walk via the Ouse Valley Viaduct and around the Ardingly Reservoir. This is the walk featured in the Summer 2025 issue of Walk magazine.	TQ335287	135	M	7.1
26-Jul	Saturday	10:00	Phil Harris	Hurst Green, Surrey	Park in Greenhurst Lane and meet opposite St Agatha's Hall. A superb walk - no steep hills and very few stiles but some great views - what more can you ask for?	TQ399512	146	L	5.5

29-Jul	Tuesday	10:00	Graham Woodward	Oxted, Surrey	Fast Fitness Workout Walk. Park in Park Road (Oxted School end), Titsey yellow trail, one steep hill. Will take around 1 hour, fast walking (approx 3.5 mph).	TQ397533	146 and 147	S	3.5
30-Jul	Wednesday	10:00	Bob Younger	Goathurst Common, Kent.	Meet at the Pheasant Plucker Pub. Walk to the Greensand Way, Ide Hill Village, Cordons Farm, Brook Place, Manor Farm, Back Lane, Greenlane Wood, Whitley and Whitley Forest,	TQ499528	147	L	5.5
31-Jul	Thursday	10:00	Pamela Cuniffe	Warlingham, Surrey	MORNING AMBLE: Park in Church Road as near All Saints' Church as possible. Easy stroll with slight inclines and no stiles.	TQ355587	146 and 161	E	3
02-Aug	Saturday	10:00	Angie Horrigan	Hurst Green, Surrey	Meet at the Holland Sports and Social Club (may need to park on nearby roads). This walk can be left half way. Some lane walking and one section of busy road. Time for snacks.	TQ399507	147	L	5.5
05-Aug	Tuesday	10:00	Judy Thomas	Hosey Hill, Westerham, Kent	Fast Fitness Workout Walk. Park at Hosey Common CP, B2026 south of Westerham. Undulating walk. Will take around 1 hour, fast walking, approx 3.5 mph.	TQ452530	147	S	3.5
06-Aug	Wednesday	10:30	Mike Holman	East Dean, West Sussex	Meet at East Dean free car park off Gilbert Drive. A short walk from here up to the Downs. Head East via Birling Gap, Belle Tout and Beachy Head to Eastbourne. Finish a few hundred yards from the pier at Gelato Formosa for delicious ice cream. Return by bus to East Dean.	TV556978	123	M	7.5
07-Aug	Thursday	10:00	Robert Coupland	Bletchingley, Surrey	MORNING AMBLE: Park in playing fields CP opposite Bletchingley Arms. Lovely country stroll along Greensand Way and back past Wychcroft and South Park.	TQ328505	147	E	3.4
08-Aug	Friday	10:00	Karen Holdsworth	Shoreham, Kent	Lullingstone Circular from public car park at Andrews Woods, Shacklands Road. Walk via Coombe Hollow, Lullingstone Country Park and past the Castle. Picnic or cafe lunch stop 2/3rds round, then back via Shoreham. Fast paced walk with significant ascents.	TQ502616	147	M	8.5
09-Aug	Saturday	10:00	Phil Harris	Bletchingley, Surrey					4.3
10-Aug	Sunday	10:00	Angie Horrigan	Penshurst, Kent	Meet at the Leicester Arms for a pleasant, mostly flat, walk via Chiddingstone.with snacks at Chiddingstone.	TQ526437	147	L	5.5
12-Aug	Tuesday	10:00	Angela Balfour	Godstone, Surrey	Fast Fitness Workout Walk. Park in North Park Lane (towards the Orpheus Centre) but just off the A25 before where the quarry lorries cross the road. Undulating walk. Will take around 1 hour, fast walking (approx 3.5 mph).	TQ342516	146	S	3.5
13-Aug	Wednesday	10:00	Fay Revell	Edenbridge, Kent	Pleasant walk from Swan Lane (park on left-hand side of road opposite The Swan) walking via Broxham Manor, National Trust Farm, crossing Main Road going up towards Hole Lane and returning via Hilders Farm. Optional lunch.	TQ440477	147	L	5.8
15-Aug	Friday	10:00	Sue Halsey	Godstone, Surrey	MORNING AMBLE: Park and meet at Godstone Green. Pleasant walk past the Church, Leigh Place and Godstone Farm. Flat walk but now with two easy stiles. Choice of places in village for refreshments after walk (optional)	TQ350515	146	E	3
16-Aug	Saturday	10:00	John Holmes	Dene Park, Kent	Park and meet in Puttenden Road car park. Lovely country walk through orchards to West Peckham, back via Hadlow Common. Spot the gorilla?!!	TQ605510	146	M	9.8
19-Aug	Tuesday	10:00	Tony Pearson	Limpsfield Chart, Surrey	Fast Fitness Workout Walk. Park near Carpenters Arms. Walking on the High Chart, will take around 1 hour, fast walking (approx 3.5 mph).	TQ425518	147	S	3.5
20-Aug	Wednesday	10:00	Mark Fulston	Chipstead, Surrey	Meet in White Hart car park Chipstead if lunching (or park in the free recreation ground car park 50 yards down High Road). A circular walk in and around Banstead wood and fields, involving a couple of steady inclines, one LIVE RAIL crossing and three road crossings. Several meadows could have sheep or cattle in so dogs on leads please.	TQ278570	146	L	5.7
21-Aug	Thursday	10:00	Nigel Poulter	Chelsham, Surrey	MORNING AMBLE: Park in Knights Garden Centre (as near road entrance as possible). Meet near pedestrian access. Henley Wood, Holt Wood, Great Park and Chelsham Place. One stile. Optional coffee in Seasons Cafe.	TQ368581	146	E	3
23-Aug	Saturday	10:00	Robert Coupland	Earlswood, Surrey	Park in Earlswood Lakes CP for pleasant walk via Sidlow Bridge, Petridgewood Common and Earlswood Common. Fairly level.	TQ267483	146	L	6.5
26-Aug	Tuesday	10:00	Annie Spence	Caterham, Surrey	Fast Fitness Workout Walk. Park in Park Avenue and meet outside the Old Caterhamians Sports Club. One circuit of 3.8 miles via two challenging hills. Will take about 1 hour, fast walking. Approx 3.5 mph.	TQ333551	146	S	3.8
27-Aug	Wednesday	10:00	Helen McDonnell	Wire Mill, Felbridge, Surrey	Park in the large anglers' car park for a fairly level walk through farm fields, woods and across the golf course. However, there is a short walk along a road and 6 quite awkward stiles. Be warned!	TQ368418	146	L	5

28-Aug	Thursday	18:00	Graham Green	Lingfield, Surrey	EVENING AMBLE: Park in Gun Pit Road CP. Easy stroll through farmland around Lingfield. Optional drinks at The Star.	TQ385435	146	E	3
29-Aug	Friday	10:00	Tricia Ross	Merstham, Surrey	Park in Rockshaw Road, near the Close and where the North Downs Way leaves the road. A circular walk taking in parts of Happy Valley and Coulsdon Common.	TQ300537	146	M	7.5
30-Aug	Saturday	10:00	Judy Smythson	Limpsfield Chart, Surrey	Meet at the Carpenters Arms, Tally Road, to follow mostly the Limpsfield Way through woodland, open country and the village of Limpsfield looking at the history and buildings. Fairly flat with no stiles. Optional lunch at The Carpenters Arms.	TQ425518	147	L	4.5
02-Sep	Tuesday	10:00	Alice Byrne	Woldingham, Surrey	Fast Fitness Workout Walk. Park in Marden Park CP, Gangers Hill. One circuit of 3.5 miles from Marden Woods, passing Woldingham School, returning up Church Road via a long, challenging hill. It will take about 1 hour, fast walking.	TQ373541	146	S	3.5
04-Sep	Thursday	10:00	Nigel Poulter	Limpsfield Chart, Surrey	MORNING AMBLE: Park and meet in car park on the right in Moorhouse Road. Easy stroll through the High Chart with slight inclines and no stiles. Optional refreshments at The Carpenters Arms.	TQ426520	147	E	3
08-Sep	Monday	10:00	Vivien Moyle	Old Oxted, Surrey	MORNING AMBLE. Park at end of Old Godstone Road, past Bushey Croft. Walk to Tandridge Church and back via Golf Course, Broadham Green and Oxted Mill.	TQ381521	146	E	3.5
09-Sep	Tuesday	10:00	Judy Thomas	Hosey Hill, Westerham, Kent	Fast Fitness Workout Walk. Park at Hosey Common CP, B2026 south of Westerham. Undulating walk. Will take around 1 hour, fast walking, approx 3.5 mph.	TQ452530	147	S	3.5
10-Sep	Wednesday	10:00	Roger May	Outwood, Surrey	Meet at National Trust car park (opposite the windmill). Circular walk via Tile Barn, Hangdog Wood and Lower South Park Farm. Optional lunch at The Dog and Duck	TQ326456	146	L	6
11-Sep	Thursday	10:00	Fay Revell	Steyning, West Sussex	Led by Fay and Ron R. Park in Godstalls Lane. Leisurely walk from Steyning to Bramber Castle, past St Mary's House and stroll along the River Adur. Lunch at The White Horse Smokehouse and Grill (tried and tested - good selection at 9.99!). Please let us know if you are coming before Monday 8th by texting.	TQ174110	OL10	L	5
13-Sep	Saturday	10:00	Judy Smythson	Westerham, Kent	Meet in the car park on Hosey Common, Hosey Hill for a walk through the woods and fields to have coffee at Chartwell. Two quite steep ups and downs and only one stile.	TQ453531	147	L	4.5
16-Sep	Tuesday	10:00	Sue Cousins	Riddlesdown, Surrey	Fast Fitness Workout Walk. Meet at entrance to Riddlesdown in Tithepit Shaw Lane opposite Warlingham Secondary School. W3W: offer.parent.sample. Park in nearby Wentworth Way or Princes Avenue. Walk around Riddlesdown. Will take around 1 hour, fast walking, approx.3.5 mph.	TQ345595	146	S	3.5
17-Sep	Wednesday	10:00	Helen McDonnell	Dial Post, West Sussex	Knepp Rewilding Project. The entrance to the car park is almost as soon as you turn onto the Worthing Road from the A24. A different sort of walk for a Wednesday. A flat, circular walk with no stiles. The project has reintroduced free-roaming animals and the landscape is developing accordingly. There are some interesting tree hides to explore, you might want to bring binoculars. If anyone needs a lift to get there let me know as this is further than we normally go on a Wednesday.	TQ155195	134	L	6
18-Sep	Thursday	10:00	Sue Halsey	Godstone, Surrey	MORNING AMBLE: Park and meet at Godstone Green. Pleasant walk past the Church, Leigh Place and Godstone Farm. Flat walk but now with two easy stiles. Choice of places in village for refreshments after walk (optional).	TQ350515	146	E	3
19-Sep	Friday	10:00	Karen Frost	Banstead, Surrey	Banstead Village and Woods. Park in Holly Lane CP for a walk over Chipstead Downs to Banstead Village and back through Banstead Woods. Bring refreshments for a quick coffee break.	TQ273583	146	M	6
23-Sep	Tuesday	10:00	Graham Woodward	Coulsdon, Surrey	Fast Fitness Workout Walk. Meet in public CP at the end of Fox Lane. Circular walk through Happy Valley and Farthing Downs. A couple of inclines. Will take around 1 hour, fast walking (approx 3.5 mph).	TQ317567	146	S	3.5
24-Sep	Wednesday	10:00	Nigel Poulter	Sunnyside, East Grinstead, West Sussex	Park and meet at The Old Dunnings Mill, Dunnings Road. Walk through woodland and fields alongside Weir Wood Reservoir and back via the High Weald Landscape Trail. Optional lunch at The Old Dunnings Mill.	TQ392368	146	L	5.5
25-Sep	Thursday	18:00	Graham Green	Lingfield, Surrey	EVENING AMBLE: Park in Gun Pit Road CP. Easy stroll through farmland around Lingfield. Optional drinks at The Star.	TQ385435	146	E	3

26-Sep	Friday	10:00	Karen Holdsworth	Kemsing, Kent	Start from Kemsing Village Car Park (free; with WC). Walk up to North Downs Way (strenuous hills), Cotman's Ash, Whitehill Wood and Knockmill. With views over Kent Downs National Landscape. Walking at a good pace aiming to finish in 2.5 hours.	TQ555587	147	M	6
27-Sep	Saturday	10:00	Judy Smythson	Limpsfield Chart, Surrey	Meet at the Carpenters Arms, Tally Road for a walk mostly through woodland but also great long views to Westerham. One fairly steep down and a long incline up. Short road section and 2 stiles. Optional lunch at The Carpenters Arms.	TQ425518	147	L	5
28-Sep	Sunday	10:00	Mike Holman	Teston, Kent	Meet at Teston Bridge Country Park pay car park situated off A26. Delightful walk along River Medway and the Loose Valley. Picnic lunch in Loose Village overlooking the River. Return via the Kentish orchards and the village of Farleigh.	TQ708533	148	M	9
30-Sep	Tuesday	10:00	Annie Spence	Caterham, Surrey	Fast Fitness Workout Walk. Park in Park Avenue and meet outside the Old Caterhamians Sports Club. One circuit of 3.8 miles via two challenging hills. Will take about 1 hour, fast walking. Approx 3.5 mph.	TQ333551	146	S	3.8